



Tring Christian Meditation Group

“Be still and know that I am God.” Ps 46 :10

Meditation is not something new. Rather it is central to the Christian experience and deeply rooted in Christian tradition. Meditation, also known as contemplative prayer, is the prayer of silence and listening.

To learn more about Christian Meditation, you are invited to participate in the weekly Tring Christian Meditation Group meeting held each Thursday, from 7.45 for an 8pm start, at 19 Mansion Drive (first house on the right).

For further information, phone Malcolm Nobbs at 01442 823971
or e-mail malcolm.nobbs@yahoo.co.uk

(Members of the World Community for Christian Meditation www.wccm.org)